



# **2023 Kick-A-Thon**

## **Benefiting**



LEUKEMIA &  
LYMPHOMA  
SOCIETY®



National  
Multiple Sclerosis  
Society

**April 29th, 2023**

**9:30 AM**

Hosted by UMAC Briarcliff

Location: Todd Elementary School

### **Kick-A-Thon Contact Information:**

UMAC Briarcliff

914-945-7100

Briarcliff@umacnation.com

# About the Kick-A-Thon

**When:** April 29th

**Where:** Todd Elementary School

"Give without memory, receive without forget" Grandmaster Byung Min Kim.

UMAC Students will do their part and "Break" through barriers to eliminate Blood Cancers and Multiple Sclerosis for good! It is a win, win, win for all involved- a win for The Leukemia & Lymphoma Society and the National Multiple Sclerosis Society as they will receive much-needed funds to fight blood cancers and MS; a win for the UMAC students so they get to understand how they could make a positive difference and that their hard work will benefit others; and a win for the people fighting these illnesses so they could have better programs to get healthier faster. Along with the training benefits, students will win great prizes as they accomplish their fundraising goals!

## About the Leukemia & Lymphoma Society

The Leukemia & Lymphoma Society (LLS) is the world's largest voluntary health organization dedicated to funding blood cancer research and providing education and patient services. Our mission is to cure leukemia, lymphoma, Hodgkin's disease, and myeloma and improve the quality of life of patients and their families. More than 957,902 Americans are living with blood cancer today. Every four minutes, someone new is diagnosed with blood cancer. Every ten minutes, someone dies from blood cancer.

For more information about LLS, please visit: [www.lls.org](http://www.lls.org)

## About the Multiple Sclerosis Society

The National MS Society addresses the challenges of each person affected by MS. To fulfill this mission, the Society funds cutting-edge research, drives change through advocacy, facilitates professional education, collaborates with MS organizations around the world, and provides programs and services designed to help people with MS and their families move forward with their lives. The Society is dedicated to achieving a world free of MS.

For more information about MS, please visit <https://www.nationalmssociety.org>.

## Where Your Money Goes:

A donation of \$25 provides patients and their loved ones with FREE booklets that contain up-to-date information on their disease and help them make informed decisions about their treatment options.

A donation of \$50 makes possible a Family Support group with a trained facilitator where comfort can be found and experiences can be shared among patients and family members.

A donation of \$100 helps supply laboratory researchers with supplies and materials critical to carrying out their search for cures.

# **In Honor Of Riley Saper**



Riley was a straight-A student who loved baseball, reading, and his friends. On January 5, 2010, Riley was diagnosed with Acute Myeloid Leukemia (AML). He spent the next two months in treatment at Maria Fareri Children's Hospital and then the remainder of his treatment at Memorial Sloan Kettering (MSK). During this time, Riley completed his seventh-grade studies, including state exams. But during this time, Riley suffered dearly. Shortly after his 13th birthday on April 22, we had a discussion with the team of doctors, and despite their advice that a bone marrow transplant would offer little hope (his sister was a perfect match), we insisted that we move forward with the transplant. The doctors gave Riley a 17% chance of survival. I said that I would do anything even if there was less than 1% of survival. On June 11, 2010, at 8:00 PM, Riley passed away. I held his hand as he took his last breath. During this time, I spent days and nights with Riley, watched him suffer, and be reduced from that shining, strong, bright man to a boy who barely had the strength to get out of bed. Honoring his love of the New York Yankees, Riley is buried in a Yankee jersey.

## **Let's kick hard in honor of Riley Saper!**

# Honored Kicker and LLS Visionary Of The Year Candidate: Jeff Saper



During the late winter of 2018, my wife, Shannon, and I were running the New York City Half Marathon. About halfway through, I looked at her and said that I had so little energy. I could barely move. Strange, as I had run marathons, half marathons, and triathlons. We did finish that race, but something was not right. During that Spring, I experienced unusual physical symptoms that led me to a doctor for tests. On July 3, 2018, I was diagnosed with Hairy Cell Leukemia (HCL). HCL is a rare disease impacting less than 1,000 people annually in the US. I was fortunate to be part of a successful trial program at MSK, and am now cancer free.

Since Riley's passing and following my treatment (by the way, one of my daughters is a cancer survivor, too!) I committed to doing all that I can to end blood cancers. I do not want any parent to feel the pain that I continue to feel. I do not want any child to suffer as Riley had suffered. I can empathize, as I went through chemotherapy, too, and understand the feeling of toxic drugs flowing through the body. Treatment for pediatric cancers, especially AML, had followed the same toxic protocols used for decades. I advocate for LLS to ensure that patients and families get fair access to therapies and better choices with their insurance. I will work tirelessly to ensure treatments use modern therapies and kids suffer less and have greater chances of survival. No one needs to suffer any longer.

# Fundraising Tips!

The key to success in fundraising is asking! If you don't ask, people won't know to give!

**Use your school's Fundraising Page to have family and friends donate online with ease!**

\*Make sure your donors put the student's name in the comments section when they donate so that they get the credit\*

[www.champions4cures.com](http://www.champions4cures.com)

**Here are some ideas on how to raise money:**

- Have a bake sale
- Organize a Poker or Bingo Night
- Dress Down Day at work or School
- Garage Sales –try one indoors during the winter!
- Offer to do extra chores for donations
- Dog walking for donations
- Walk around your neighborhood and go door to door or put a letter in their mailboxes.
- Mail or email a letter to everyone you know, or your parents know!
- Shovel snow
- Babysit for Donations
- Host a fun Dance Party
- Hold a Talent Show and charge a small admission fee.

**Parents, find out if your company matches donations!**

## Sample Letter

Dear Friends,

I am kicking my training up a notch at the United Martial Arts Center. I am participating in the UMAC Kick-A-Thon where I will Kick to help "Break" through blood cancers and MS! I am doing this to raise funds for The Leukemia and Lymphoma Society and Multiple Sclerosis Society, which funds research and patient aid. I want to kick out cancer/MS for good! Will you help support me with a donation? I am collecting checks and cash for the April 30th Grand Finale. Checks can be made out to "Champions 4 Cures"

Thank you for your support

# PRIZES!

## Grand Master Level \$3500

Apple Watch! and fundraising medal



## Master Level \$2000

Thera-Gun Mini and Fundraising medal



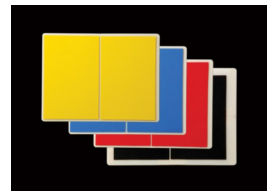
## Black Belt Level \$1000

JBL Flip 4 speaker and fundraising medal



## Red Belt Level \$500

Rebreakable Board and fundraising medal



## Brown Belt Level \$250

Belt Rack



## Blue Belt Level \$100

Exclusive Kick-a-thon T-shirt



## Yellow Belt Level \$50

UMAC Water bottle



**UMAC**  
united martial arts centers

Please return this sheet with your sponsors  
names and checks by April 29<sup>th</sup> 2023  
Checks payable to...

### Champions 4 Cures

### The UMAC Kick-a-thon Pledge Form

Name: \_\_\_\_\_

ss: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

T-shirt size: XS S M L XL XXL

Sponsor's Name	Address/Phone #	Total Amount	Paid (✓)
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			

**TOTAL AMOUNT YOU ARE HANDING IN TODAY: \$**