



2021 Kick-A-Thon

Benefiting



LEUKEMIA &
LYMPHOMA
SOCIETY®

May 1st, 2021

1:00 PM

Hosted at UMAC Locations and virtually on
Zoom

About the Kick-A-Thon

When: May 1st

Where: UMAC Locations and virtually

"Give without memory, receive without forget" Grandmaster Byung Min Kim

UMAC Students will do their part and "Break" through barriers to eliminate Blood Cancers for good! It is a win, win, win for all involved- a win for The Leukemia & Lymphoma Society as they will receive much needed funds to fight blood cancers; a win for the UMAC students so they get to understand how they could make a positive difference and that their hard work will benefit others; and a win for the people fighting blood cancer so they could have better programs to get healthier faster. Along with the training benefits; students will win great prizes as they accomplish their fundraising goals!

About the Leukemia & Lymphoma Society

The Leukemia & Lymphoma Society (LLS) is the world's largest voluntary health organization dedicated to funding blood cancer research and providing education and patient services. Our mission is to cure leukemia, lymphoma, Hodgkin's disease and myeloma and improve the quality of life of patients and their families. There are more than 957,902 Americans living with blood cancer today. Every four minutes, someone new is diagnosed with blood cancer. Every ten minutes, someone dies from blood cancer.

For more information about LLS, please visit: www.lls.org

Where Your Money Goes:

A donation of \$25 provides patients and their loved ones with FREE booklets that contain up-to-date information on their disease and help them make informed decisions about their treatment options.

A donation of \$50 makes possible a Family Support group with a trained facilitator where comfort can be found and experiences can be shared among patients and family members.

A donation of \$100 helps supply laboratory researchers with supplies and materials critical to carrying out their search for cures.

Kick-A-Thon Contact Information:

UMAC Briarcliff

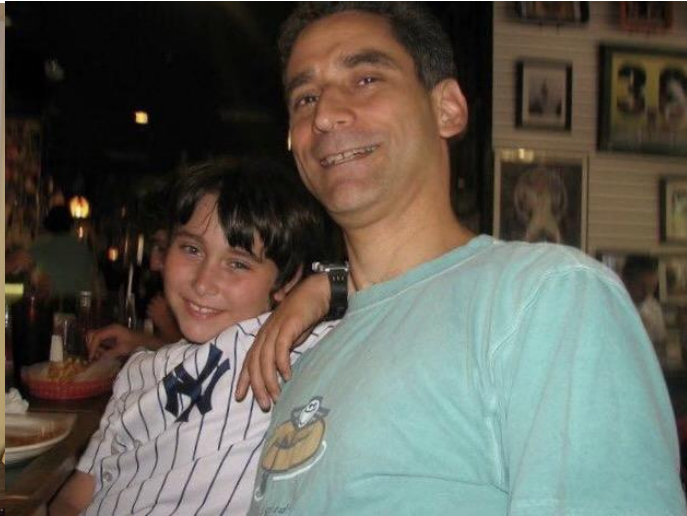
914-945-7100

Briarcliff@umacnation.com

Honored Kicker!



Jeff, Shannon & Sienna (2020)



Jeff & Riley (2008)

Jeff Saper, part of our UMAC family, was diagnosed with Hairy-Cell Leukemia in the summer of 2018. Hairy-Cell Leukemia is a rare form of leukemia that impacts less than 2,000 people worldwide annually. And what made this news even more devastating, was that for Jeff, this was not his first fight with cancer. And no, this was not Jeff's second cancer diagnosis. Eight years earlier, in 2010, Jeff had endured any parent's worst nightmare imaginable. He lost his incredible son, Riley Saper, only thirteen years old, to AML (Acute Myeloid Leukemia) after a six-month battle with the disease.

Thankfully due to the amazing work and research done by The Leukemia and Lymphoma Society, Jeff is now just over 2 years in remission, but the battle is not over. Every 3 minutes, one person in the US is diagnosed with blood cancer and as Jeff knows all too well, not every story has a happy ending. And that's why he and his wife Shannon, also a UMAC student, have become passionate volunteers and advocates for LLS – so that one day, we truly can win the battle, and end the suffering that so many families have to endure.

Currently Shannon is running as a candidate for LLS's Man & Woman of the Year Campaign under the Champions 4 Cures Team, which our Kick-A-Thon will raise funds to support. Along with Shannon and Jeff, let's show our UMAC Champion Spirit and help cancel blood cancer (and all cancer) for good!



Kick hard for Jeff!

Fundraising Tips!

The key to success in fundraising is asking! If you don't ask, people won't know to give!

Use your school's Fundraising Page to have family and friends donate online with ease!

Make sure your donors put the student's name in the comments section when they donate so that they get the credit

www.champions4cures.com

Here are some ideas on how to raise money:

- Have a bake sale
- Organize a Poker or Bingo Night
- Dress Down Day at work or School
- Garage Sales –try one indoors during the winter!
- Offer to do extra chores for donations
- Dog walking for donations
- Walk around your neighborhood and go door to door or put a letter in their mailboxes
- Mail or email a letter to everyone you know or your parents know!
- Shovel snow
- Babysit for Donations
- Host a fun Dance Party
- Hold a Talent Show and charge a small admission fee

Parents, find out if your company matches donations!

Sample Letter

Dear Friends,

I am kicking my training up a notch at the United Martial Arts Center. I am participating in the UMAC Kick-A-Thon where I will Kick to help "Break" through blood cancers! I am doing this to raise funds for The Leukemia and Lymphoma Society which funds blood cancer research and patient aid. I want to kick out cancer for good! Will you help support me with a donation? I am collecting checks and cash for the May 13th Grand Finale. Checks can be made out to "Champions 4 Cures"

Thank you for your support

Matching Gift Companies

This list of matching gift companies is a starting point. Be sure to ask any company you, your team, family members or friends work for to see if they will match employee donations. Don't see your company? Visit www.matchinggifts.com/lls to see if your company matches! Contact MatchingGifts.CT-WHV@lls.org with questions about matching gifts. Check out this video on how matching gifts work <https://vimeo.com/102139006>

- 3M
- Acco Brands
- Ace Charitable Fdn.
- Acxiom Corporation
- ADC Cares
- ADM
- Adobe Systems
- ADP
- Aetna
- AIG
- AK Steel
- Alexion Pharma.
- Alliance Berstein
- Alliance Captial
- Alliance Data
- Alliant Energy
- Allianz Global
- Allied Signal
- Allstate
- Altria
- ALZA
- American Express
- American Tower
- Ameriprise Financial
- Amgen
- Amica
- Analog Devices
- AOL
- AON
- Apple, Inc
- Aramark
- Arch Capital Services
- Archer Daniel Midland
- Ardent Comm.
- Argonaut Group
- Arris
- Arthur J. Gallagher
- Assurant Health
- Atlantic Power
- Autodesk
- Avon Products, Inc.
- Axa Financial
- AYCO
- Babson Capital Mgmt.
- Baird Foundation
- Ball Corporation
- Bank of America/Merrill Lynch
- Bank of Tokyo Mitsubishi
- Barilla America
- Barnes Group
- Baxter International
- Becton Dickinson
- Benjamin Moore
- BF Goodrich Co.
- Biogen
- Black & Decker
- Black Rock
- Blount, Inc.
- Blue Cross Blue Shield
- BMO Capital Markets
- BNY Mellon
- Boeing Company
- Bonneville Int'l
- Boston Consulting
- BP America
- Bristol-Myers Squibb
- Broadridge Financial
- Brookfield Investment
- CA Technologies
- Capital Group
- Cardinal Health
- CDW
- Champion Int'l
- Charles Schwab
- Chevron
- Chicago Tribune
- CIGNA Corporation
- Cisco Systems, Inc.
- Citgo
- Citizen's Financial Grp.
- Citrix
- CME Group
- CNA Financial
- ConAgra Foods
- Con Edison
- Constant Contact
- Costco
- Credit Suisse
- Daiichi Sankyo
- Dannon Company
- Dell
- Deutsche Bank
- DFS Group Limited
- Diageo
- Digitas
- Discover
- DST
- DTE Energy
- Dun and Bradstreet
- Eaton Corporation
- Ecolab
- Economist
- Eileen Fisher
- Eli Lilly and Co.
- Ericsson
- Equifax
- ESPN/Disney
- Expedia
- Exxon Corporation
- F5 Networks
- Factset Research Sys.
- Fannie Mae
- Fitch Ratings
- Fleet
- FM Global
- Follett Corp.
- Ford
- Fortune Brands
- Fox Chase Bank
- FTI Consulting
- Gannett Foundation
- Gap, Inc.
- Gartner
- GATX Corporation
- Genentech
- General Electric (GE)
- General Reinsurance
- GlaxoSmithKline
- GMAC RFC
- Goldman Sachs
- Goodrich Corporation
- Google inc.
- Grainger
- Guardian Life
- Haemonetics
- Hawaiian Electric
- Henry Crown & Co.
- Hewlett-Packard Co.
- Highmark
- Home Depot
- Honeywell
- Houghton Mifflin Co.
- HSBC
- Hunter Douglas
- Illinois Tool Works, Inc.
- Ingredion Inc.
- IntraLinks
- InterContinental Hotel
- ITG Inc.
- ITW
- Jackson Healthcare
- Jefferies
- John Hancock

- John Martin Fdn.
- Johnson & Johnson
- Johnston & Murphy
- Jones Lang LaSalle
- JP Morgan & Chase
- Jostens, Inc.
- Kaplan
- Karl Storz Endoskope
- Keurig (Gn. Mountain)
- Key Bank
- Kimberly Clark
- Kindred Healthcare
- Kirkland & Ellis
- Kraft, Inc.
- Leo Burnett
- Levi Strauss & Co.
- Lexisnexis
- Lincoln Financial
- Lipton
- Lyondell Chemical
- Mallinckrodt Pharma
- Markel Corp
- MarketAxess Corp.
- Marshall Wace N.Am.
- MassMutual
- MasterCard
- Maui Jim
- McDonald's Corp.
- McGraw-Hill, Inc.
- McKesson Foundation
- McMaster-Carr
- Medtronic
- Merck & Co. Inc
- Meredith Corp.
- Merrill Lynch (BOA)
- Microsoft
- Mid-Atlantic Corp.
- MidAmerican Energy
- Mitchell International
- Mitsui Steel
- Mizuho Bank
- Mobil Oil
- Monsanto Company
- Morgan Stanley
- Morrison & Foerster
- Motorola
- Murphy Oil
- NBD Bancorp, Inc.
- Neiman Marcus
- Newedge Financial
- Newsweek, Inc
- New York Life
- Nokia
- Nordson
- Northern Trust
- Norton Company
- Novartis Pharma
- Nuveen Investments
- NYSE
- Odyssey Reinsurance
- Olin Corporation
- Olympus
- Omron
- Oracle Corp.
- Pacific Lighting Corp.
- Pearson Inc.
- People's Bank
- PepsiCo, Inc.
- Pfizer
- Phoenix Companies
- Pimco
- Pioneer Technical
- Pitney Bowes, Inc.
- Plexus
- PNC Bank
- Prudential
- Publicis
- Qualcomm
- Quantum Chemical
- Quest Diagnostics
- Quintiles
- QVC
- Random House
- Regeneron Pharma.
- Retirement Research
- Rexnord Industries
- Riverstone Resources
- RLI Insurance
- Robert Half
- Robert. R. McCormick
- Rogers Corp.
- Royal Bank of Scotland (RBS)
- Rust-Oleum
- Salesforce
- SAP
- SBC
- Schneider Electric
- Scottrade
- Secura Insurance
- Soros Fund Mgmt.
- SPX Corp.
- State Street Corp.
- St. Paul Travelers
- Stanley Black & Decker
- Starbucks
- Starcom MediaVest
- State Farm
- Sun Products Corp.
- Symantec
- Takeda Pharma.
- TCF National Bank
- Tektronix, Inc.
- Texaco
- The Children's Place
- Thermo Fisher
- Thompson Reuters
- Thrivent Financial
- Tiger Management
- Tomkins Corp.
- Tootsie Roll Industries
- Transatlantic Reinsurance
- Travelers Companies
- T.Rowe Price
- Turner Broadcasting
- TYCO
- UBS
- Unicredit Bank
- Union Bank
- Union Pacific Corp.
- Unilever
- United Health Group
- United Technologies
- US Bank
- USG Foundation
- Vanguard Group
- Varian Associates, Inc.
- Verizon
- Virgin Mobile
- Volkswagen
- Voya (ING)
- Walt Disney Company
- Westinghouse Electric
- Williams Companies
- William's Sonoma
- Willis of North America
- Wm. Wrigley Jr. & Co.
- Workday
- World Wide Tech.
- Wyndham Worldwide
- XL Group
- Yahoo
- Zurich

DDI7EQI

Grand Master Level \$3500

Apple Watch!



Master Level \$2000

Apple Air-pods



Black Belt Level \$1000

Fitbit Inspire



Red Belt Level \$500

UMAC Beanie and Kicking Shield



Brown Belt Level \$250

Re-breakable Board



Blue Belt Level \$100

Exclusive Kick-a-thon T-shirt

Yellow Belt Level \$50

UMAC Water bottle



The UMAC Kick-a-thon Pledge Form

Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Home Phone: _____ E-mail: _____

T-shirt size: XS S M L XL XXL

Please return this sheet with your sponsors names and checks by May 1st, 2021
Checks payable to...

Champions 4 Cures

	Sponsor's Name	Address/Phone #	Total Amount	Paid (✓)
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				

TOTAL AMOUNT YOU ARE HANDING IN TODAY: \$